



Y12SR

Combined Training

with Nikki Myers

November 9-11, 2018



The Y12SR Combined Training equips participants to hold Y12SR classes in their communities. This is a combination of the Y12SR Intensive and the Leadership Training. This training results in full Y12SR certification.

Y12SR Combined Certification

November 9-11, 2018
at Yogaworks Alexandria

\$550 | \$495 if registered before
October 9, 2018

9am-6pm; Sat 10am-5pm; Sun 10am-5pm



YOGA OF 12-STEP RECOVERY

Y12SR



**GIVE BACK YOGA
FOUNDATION**



Register/Info:
www.yogaworks.com

Yogaworks | 100 S Patrick St | Alexandria, VA 22314 | (202) 836-7680